

# *City of Coronado*

## *FREE-Beach Lifeguard Training Camp*

The Beach Lifeguard Training Camps hosted by the City of Coronado Beach Lifeguard staff will help further develop your abilities so prepare for the San Diego Regional Lifeguard Academy. These Training camps will involve various skills you will use every day as a Lifeguard such as, swimming, running, and paddling.

As a participant of the Beach Lifeguard Training Camps, the Coronado Beach Lifeguards will mentor you and provide firsthand knowledge of what it takes to be a Beach Lifeguard at the City of Coronado including facility tours and recruitment information.

### *Coronado Central Beach*

*920 Ocean Blvd.*

*Main Lifeguard Tower*

**3/11/23, 3/25/23, 4/1/23**

**9:00 am - 12:00 pm**

For any additional information please contact

The Lifeguards by email at: [BEACHLIFEGUARDS@CORONADO.CA.US](mailto:BEACHLIFEGUARDS@CORONADO.CA.US)

**All Participants MUST sign a waiver prior to participation -**

**Minors MUST have a parent or guardian sign**

